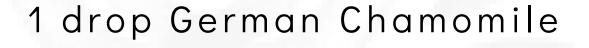
## RECIPE

## Deep Blisstul

Sleep When you are really struggling to stop your mind overthinking and have worries.



2drops Bergamot

3 drops Marjoram

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Simmily

## RECIPE

Sweet Lullapy

For times during your cycle when you may experience an overactive mind and anxious feelings.

1 drop Marjoram

2drops Clary Sage

3 drops Neroli

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Simmily