



# New Moon Aromatherapy Ritual

## Step 1

Create your sacred space.

Statue, crystals, candles, pictures, ornaments.

## Step 2

Light a candle

The flame represents your inner light.

## Step 3

Turn on ionizer adding 6 drops of PURE Blend (Organic)

This will purify both your space and yourself. Suggested essential oils Juniper, Rose, Grapefruit, Lemongrass, Sage, Lemon, Tea Tree, and Eucalyptus.

## Step 4

Set your intentions for what you wish to manifest in this new beginning, the New Moon... Writing out on every level what I truly desire to call in.

## Step 5

Date the page and sign off.

Place somewhere you can check in and refer to and track.

## Step 6

Bless your intentions.

Affirm, "May all my intentions be sealed & realised"

## Step 7

Know that it is done & give thanks